



Nail Surgery under Local Anaesthetic

Whilst many nail problems can be managed in a standard appointment, nail surgery provides a technique which potentially gives a long term cure and may be advised for:

- Painful ingrowing toenails
- Nails which regularly give pain or discomfort
- Thickened or deformed nails
- Infected nail (eg fungal infections)

What happens?

An initial consultation will involve an examination of your feet and a medical history review, ensuring you haven't got medical conditions or medication which would contra indicate the nail surgery.

The procedure.

You will receive a local anaesthetic to your toe and this will be tested before we start. A small tourniquet is placed around the toe and the agreed nail/section of nail is removed. The nail bed is treated with a chemical to inactivate the nail matrix cells. The tourniquet is removed and a dressing is applied to the toe.

What you need to know.

- Your toe will be numb for about two hours
- Do not drive until the sensation has completely returned. A lift or taxi home is recommended.
- Post operative pain is usually mild but it is advised to take the day of the procedure off work.
- You should consider a second day if your work is more manual involving standing, walking or lifting.
- Rest after the procedure, leave the dressing intact until your redressing appointment.
- Bring an open sandal, flip flop, large shoe or slipper to accommodate the post operative dressing.

Aftercare

We will see after a few days to check and redress your toe. After this you may redress the toe yourself. Complete healing can take eight weeks but often occurs sooner.

How successful is nail surgery?

Audits show that around ninety two percent of those having partial nail avulsion to be free of symptoms when checked six months after their procedure.

Cost

Surgical procedures are from £225.00. The follow up appointment is complimentary.